Who is eligible for Early Head Start?

Pregnant women and families with children from birth to three years who reside in one of the targeted zip codes and whose family income is at or below the Federal poverty guidelines.

- We provide services and accommodations to serve infants and toddlers with severe, moderate, or mild disabilities.
- On a limited basis, families with income above federal poverty guidelines may be eligible.

What is Early Head Start (EHS)?

Early Head Start (EHS) is a comprehensive program designed to foster the healthy development of infants and young children, providing services to promote academic, social and emotional development, as well as providing social, health and nutrition services for income-eligible families.

Must be a resident of Shelby county/ Memphis area in the following zip codes:

38104, 38105, 38107, 38108, 38112, 38126, 38127, and 38128

How do I enroll? Call 901-577-2500 ext. 1187

What services are available?

Home-based
Visitation hours: 8:30-3:30 pm
Monday through Friday

Home Visitors offer:
- health and developmental screenings
- One-on-one educational training, counseling, and referral services for families and children by a qualified Home Visitor
- weekly home visits (one per month for prenatal families)
- twice monthly group socialization experiences for parents and children

Center-based
Classroom hours: 8:00-2:00 pm
Monday through Friday

Classroom teachers offer:
- health and developmental screening
- low classroom ratios and healthy, nutritious meals
- early learning experiences and teaching specific to each child’s needs by qualified teachers
- home visits and parent-teacher conferences twice per year and
- monthly parent meetings and center activities

EHS offers families the skills they need to enhance their children’s development during the first three years of life.
Summary of AIU Early Head Start Programs (EHS)